

Financial Resources: Work-Life Services with *Spring Health*

Get support with:

- Bankruptcy
- Buying or Selling a Home
- Financial Tips
- Insurance
- Mortgage Information
- Saving and Investing for College
- Saving and Investing for Home Ownership
- Saving and Investing for Retirement
- Taxes
- Loans
- Budgeting Credit
- Estate Planning
- Financial Assistance
- Financial Planning

When you reach out for a one-on-one financial consultation, you'll start with a brief intake to understand your goals. In many cases, your financial consultant can help right away. If you need more support, you'll be matched with a dedicated financial counselor for a deeper consultation focused on your situation.



Hours of operation

Financial consultants are available
Monday through Friday 6am - 5pm PT
/ 9am - 8pm ET.

Members may also access services
and book appointments via MSA
directly on their website 24/7.

Coaching appointments are available
between 6am-8pm PT / 9am - 11pm
ET.

Access financial resources:

Sign up for Spring Health via
SSO or visit

abbott.springhealth.com

From your account, explore
financial support and tools
available to you

To connect with a financial
consultant for one-on-one
support, call (833) 218-3107.