Spring Health ABBOTT

In-house Clinicians Provide Support When You Need It



William A. Miller, LCSW, CADC



Donna Herula, LMFT, LCPC

Whether you want to boost team morale, promote mental health resources, help an employee with a substance use or mental health concern, or provide additional support after a significant event, Spring Health clinicians dedicated to Abbott can help in many ways:

1 Promote Spring Health benefits

- Encourage Spring Health awareness and engagement
- Join team meetings and events, as needed, to increase awareness

2 Provide in-the-moment support

- Provide short-term therapy for employees in Lake County, IL
- Drop in office hours
- Provide critical incident response services following a workplace event, like a death of an employee

3 Conduct manager consultations

- Support managers with challenging cases related to their employees
- Triage cases to Spring Health Management Consultants as needed

4 Lead educational trainings

- Webinars on emotional well-being topics and Spring Health benefits

Get started.

William A. (Bill) Miller: Mon-Tues 8am-4pm CST
william.miller@springhealth.com

Donna Herula: Wed-Fri 8am-4pm CST
dherula@springhealth.com

Spring Health also provides 24/7 Crisis Support
Phone: 855-629-0554, *Option 2*

In-house Clinicians office located in Occupational Health Clinic in AP6D

Office Phone: 347-201-0411

© Spring Health 2026